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#### POST-OPERATIVE INSTRUCTIONS FOR ENDOLYMPHATIC SHUNT

1. You will have a bulky bandage on your head. Try to leave the bandage in place for 24-48 hours.
  2. The incision behind your ear is waterproof.
  3. You may shower 24 hours after surgery. Your ear canal and ear drum were not involved in any way during the surgery, so you do not need to be concerned about water getting into the ear.
  4. No lifting greater than 15 pounds.
  5. Take Motrin (Ibuprofen or Advil) for pain control. You may require the prescription pain medications for the first few nights following surgery.
  6. You may return to work in 3-7 days.
  7. You may fly 48 hours after surgery.
  8. You will see the surgeon 6-8 weeks after surgery.
  9. The vertigo/dizziness symptoms may persist for 2-3 months following surgery. Continue whatever regimen were on for managing your Meniere's disease.
  10. Call our office if: you notice significant swelling behind the ear, the ear or the area behind the ear is red or hot to the touch, you have a fever greater than 101.5°, the pain is not controlled, you have facial drooping/weakness, you have vertigo.
  11. Feel free to call the office during business hours for any questions.
  12. For afterhours emergencies, please call Dr. Crawford's cell: 208-440-6267. Leave a message if he does not answer and he'll call you back.
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